

# St. Peter's Church



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*Franciscans of the  
Sacred Heart Province*

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## Franciscan Friar Staff

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## PASTORAL MUSINGS . . .



## Happy Mother's Day

Mother's Day has become a financial windfall for the greeting card companies; but the original "Mother's Day Proclamation" penned by Julia Ward Howe in 1870 says something far more substantive than the sentiments reflected on most Mother's Day cards. She wrote

*Arise, then, women of this day! Arise all women who have hearts, Whether your baptism be that of water or of tears, say firmly: "we will not have great questions decided by irrelevant agencies. Our husbands shall not come to us reeking of carnage, for caresses and applause. Our sons shall not be taken from us to unlearn all that we have been able to teach them of charity, mercy and patience. We women of one country will be too tender of those of another country to allow our sons to be trained to injure theirs. From the bosom of the devastated earth a voice goes up with our own. It says, "Disarm, Disarm!" The sword of murder is not the balance of justice! Blood does not wipe out dishonor nor violence indicate possession. As men have often forsaken the plow and the anvil at the summons of war, let women now leave all that may be left of home for a great and earnest day of counsel. Let them meet first, as women, to bewail and commemorate the dead. Let them then solemnly take counsel with each other as to the means whereby the greater human family can live in peace, each bearing after his own time the sacred impress, not of Caesar, but of God. In the name of womanhood and humanity, I earnestly ask that a general congress of women without limit of nationality may be appointed and held at some place deemed most convenient and at the earliest period consistent with its objects to promote the alliance of different nationalities, the*

*amicable settlement of international questions, the great and general interests of peace.*

That passionate plea for a more compassionate world is as timely today as it was when memories of a horrible Civil War were fresher and more personal. Our celebration of Mother's Day certainly can include greeting cards and flowers, meals in each other's good company and gifts which honor the gifts our mothers have been for us. It also has to be a time when we pause to remember what these wonderful women "have been able to teach [us] of charity, mercy and patience." Mother's Day must always be an opportunity for us to "take counsel with each other as to the means whereby the greater human family can live in peace" and to recognize that every human being bears "the sacred impress, not of Caesar, but of God."

Our memories on Mother's Day are not meant to be an exercise in nostalgia for the past; but an act of hope in the future. We remember so that we and our world might have a chance to change for the better. We recall the hopes and dreams which our mothers had for us, so that we might become the people they wanted us to be. The love which our mothers showed us and the lessons which they taught us can continue to be life-giving. Mother's Day is a special opportunity for us to listen, learn and love once again.

Brother Herb Rempe, O.F.M. is the Guardian (Religious Superior) of the Franciscan community at St. Peter's. He's also the Pastoral Associate and Business Manager of St. Peter's Church. Several weeks ago, his thoughts about his Mom moved him to write these reflections. He shared them with me; and I've asked him if I could share them with you. Hopefully, his good example will inspire similar moments of grace and gratitude in all of us. Brother Herb writes:

Let me set the stage for this little story I would like to share with you.

My family was located in the rolling hills of Southeast Nebraska, about eight miles Southeast of a small village called Lawrence. My mother and Dad were farmers, young, strong, energetic and trying to make a living on the quarter section of land we rented at the tail end of the Dust Bowl. In those years, a quarter section (160

acres) was a normal size farm for horse farmers. A half section was a "big farmer" in our eyes. The year was 1939, and the dust was still thick. Rolling thistles were the most common vegetation to survive the drought of the Thirties in the Western plains.

Life on the farm was pretty simple. We had a roof over us, food, and usually home-made clothes or hand-me-downs. We were not alone in our fight for survival during the drought and Depression. We did have a strong family, love and faith. We also knew how to laugh and play in spite of hardships. Then, suddenly life changed for my family. My Daddy died of a heart attack at the age of 33. I had a sister eight years old, a brother six years old, and I was all of four years old. Even so, I can remember my Dad's funeral like it was yesterday. So many people were saying how young my father was. I just couldn't understand how they considered my Daddy young. After all, he was old enough to be my Dad.

My mother sold all the livestock, machinery and many of our other possessions at a Farm Sale. Farm Sales were a typical experience in rural Nebraska. Neighbors would come from miles around to buy equipment for their farms. My memory is that the money from the Farm Sale was just enough to pay for Dad's funeral, so while we had each other, our family had very little money. My mother was stricken with grief following my Dad's death. She was encouraged to go to Winnetka, Illinois for awhile to work as a maid in the home of an affluent family. My sister, brother and I went to live with our grandparents on their farm. Mom returned a few months later; and we started a new life in the little village of Lawrence, Nebraska. About 450 people live there at the time. We rented a small four-room house. It was simple, but it was also home. We were grateful for the roof over us, the food on our table and the home-made clothes which we wore. It was normal for housewives in those days to be good seamstresses. My mother and my grandmother were both good at the "Singer" sewing machine. Money was still a tight commodity in our family. I believe that my Mom was making all of \$60.00 a month working in a grocery store while she *(continued on page 4)*

## Activities This Week

### Monday, May 12

12:10 pm Ministry to Divorced/Separated (C)  
 12:10 pm The Belle of Amherst (A/B)  
 5:00 pm Chaste Living (C)

### Tuesday, May 13

11:40 pm Contemplative Prayer (FCh)  
 12:10 pm The Belle of Amherst (A/B)  
 5:30 pm Legion of Mary (P)

### Wednesday, May 14

12:10 pm Repair My House (A/B)  
 12:10 pm San Damiano SFO (C)  
 2:00 pm Walking the Labyrinth (A)  
 5:30 pm Contemplative Prayer (B)

### Thursday, May 15

12:00 pm AA (C)  
 5:30 pm Financial Planning Workshop (B)

### Friday, May 16

12:10 pm Bible Study (C)  
 12:10 pm San Damiano SFO (P)

#### Key to Abbreviations

A/B/C: St. Clare Auditorium  
 CH: Church  
 P: St. Paschal Room  
 FCh: Friary Chapel

#### 12-Step Meetings

AA: Thursdays at Noon (A)

## WEEKEND PRESIDERS

### Saturday, May 10

5:00 pm - Fr. Bob Sprott

### Sunday, May 11

9:00 am - Fr. Elric Sampson  
 11:00 am - Fr. Paul Gallagher  
 12:30 pm - Fr. Bob Pawell  
 6:00 pm - Fr. Bob Hutmacher

**Ministry to Divorced and Separated - Mondays: 12:10 - 12:50 pm in St. Clare Auditorium (C)** This is a support group for divorced or separated who want to find recovery and reclaim peace in their heart and mind.

**Meditative/Contemplative Prayer Group Tuesdays\*: 11:40 am - 12:10 pm in the Friary Chapel and Wednesdays: 5:30 - 6:15pm in St. Clare Auditorium (B)** - One-half hour of silent contemplative prayer followed by a short period of shared reflection and/or questions. The sessions begin and end promptly. All those with an interest in this prayer style are invited to participate. \*Please be at the elevator near the security desk by 11:35 am to be escorted to the Friary Chapel on Tuesdays.

**Walking the Labyrinth - Wednesdays: 2:00 - 5:30 pm in St. Clare Auditorium (A)** St. Peter's has acquired a labyrinth to enhance our contemplative prayer life. A labyrinth is an ancient form of prayer-in-movement dating back to the middle ages and beyond. All are encouraged to walk-in-meditation following the pattern of the labyrinth as part of your spiritual journey.

**Bible Study - Fridays: 12:10 - 12:50 pm in the St. Clare Auditorium (C)** Fr. Lawrence Jagdfeld, ofm, leads discussion on the Scripture readings for the coming Sunday. You are welcome to attend each week or only as you are able.

Happy  
 Mother's Day



Franciscan Priests are available for Consultation or Spiritual direction.  
 Monday - Friday 10:30 am - 6:00 pm.  
 No appointment is necessary. Inquire in the Front Office for assistance.

(continued from page 2) raised her three children. Many of our relatives were good to us during those tough years.

It was common in those days for most people to bake their own bread from scratch, and we were no exception to this practice. Most bought their flour in 50lb bags which were made out of cotton. The local flour company did their part by dyeing flowered prints on all the bags, so that customers could use the material for clothing. So, very many people in the whole Midwest area made mostly women's clothes from those print flour bags. My mother would save several print bags, and our faithful grandmother would come to stay with us to help mother make dresses, blouses and other articles of clothing.

On a particular evening in January (I believe it was 1942), mother and my grandmother were up late sewing to make clothes for my sister. It was bitter cold outside. After working late into the night, both mother and Grandma finally retired. A couple of hours later, a fire broke out in the kitchen and the wall adjacent to my mother's bedroom. Mom woke up, ran through the fire and out of the house through the kitchen exit. She knocked out the screen, sash and glass from her bedroom window with her bare fist and got my grandmother, my Sis and my brother out of the house very quickly. I remember wandering in the dining room which was full of smoke and asking myself, "How could Mom possibly burn the toast that bad"! By that time, my mother was at my bedroom window. Again, she broke the screen, sash and glass with her bare fist and yelled at me until I came to the window to also be rescued. So, there we were, out in the yard, literally freezing, watching our house burn and waiting for the volunteer fire department to show up. They saved the frame, but practically everything in the house was ruined by water damage.

Our neighbors to the west, the Kroening Family, took us in that night, warmed us up and found a place for all of us to sleep. I remember sleeping on the floor in the living room. There was a gas stove with a glass front in the room, so the gas flames were visible, and the reflection danced off the ceiling all night. As you can

imagine, I didn't sleep too well that night. The Kroenings were fantastic neighbors; and I could never say enough about how their family took care of us.

The next morning, my mother went over to the old house and found a cedar chest still in one piece. Inside she had stored brand new Oshkosh-By-Gosh overalls for my brother and me. So we went to school that morning in our new overalls, flannel shirts and coats with rolled up sleeves. My coat belonged to Maurie, another neighbor who was much older than I; but it kept me warm.

We arrived at the school Mass a few minutes late. That didn't happen very often in our family, and I believe I got a "T" on my report card that month for being tardy to Mass. We were certainly the talk of the town, but life was good. We were alive, had food, a roof, and wonderful neighbors. I had also witnessed firsthand the love that only a mother could have. I will never forget the heroics of my mother or the kindness of our neighbors. My mother is currently 97 years old and lives in a nursing home. She has no short-term or long-term memory, and she cannot hear. The last time that I was home, she did not know me. However, I know how much she loves me. Thanks, Mom, I love you too.

~ Bro. Herb Rempe, O.F.M.

It's impossible to read Brother Herb's memories without meeting a Mother who not only had a strong fist, but also strength of character. The sermon which his Mom's life spoke and continues to speak is that you can lose everything; but if you still have a "strong family, love and faith" and the ability to "laugh and play in the face of hardships," you actually have all that you need. Thanks for letting us meet your Mom, Bro. Herb, and for letting us listen to her heroic homily. Happy Mother's Day to her and to all those women who have loved us into life in so many wonderful ways.

Peace and everything good,

*Fr. Bill*



**WORKING WITH THE SCRIPTURES***(John 14:15-26)*

“If you love me, you will keep my commandments.” Jesus isn’t asking us to become subservient. The fact is, if we really love someone we will *want* to do what they ask; so it follows that if we really love Jesus we will *want* to keep His commandments. Jesus is asking his disciples (and that includes us!) to love God above all and our neighbor as ourselves. Jesus tells us that He is in His Father, and we are in Him, and He is in us. This means that loving our neighbor is *necessary* if we are to love God, since God is in our neighbor as well as in ourselves.

But what if my neighbor plays loud music until 3:00 in the morning? What do I do? Do I knock on his door, explain the problem and try to reason with him? Or do I pound on his door and threaten to call the cops if he doesn’t keep it down? After all, I need my sleep, and I have to love myself, too, right?

But what about my blood pressure? What kind of stress am I putting on my body when I allow my anger to get out of control? Bringing on a heart attack or stroke is doing violence to myself, not loving myself. Before my neighbor and I decide to slug it out maybe an anger management course might be in order. Remember, managing one’s anger – as Jesus did when facing the money changers in the Temple – doesn’t have to mean backing down. On the contrary, it can be a very positive step toward loving God above all and my neighbor as myself!

It’s not always easy to keep Jesus’ commandments. Loving your neighbor can be difficult. But Jesus doesn’t expect us to do it alone. Instead, He promises to send help. “I will ask the Father, and he will give you another Advocate to be with you always...”. Jesus loves us so much that He just can’t stay away. In fact, he’ll be standing right there next to us when we knock on that door...

**Scripture Readings for the Week****Sunday, May 11**

Acts 2:1-11; 1Cor 12:3-13;  
Jn 14:15-26

**Monday, May 12**

Jas 1:1-11; Mk 8:11-13

**Tuesday, May 13**

Jas 1:12-18; Mk 8:14-21

**Wednesday, May 14**

Acts 1:15-26; Jn 15:9-17

**Thursday, May 15**

Jas 2:1-9; Mk 8:27-33

**Friday, May 16**

Jas 2:14-26; Mk 8:34-9:1

**Saturday, May 17**

Jas 3:1-10; Mk 9:2-13

**Saints’ Days and Special Observances****Sunday, May 11**

Pentecost Sunday

**Monday, May 12**

St. Leopold of Castronovo, Friar Priest  
Saints Nereus & Achilleus, Martyrs

St. Pancras, Martyr

**Tuesday, May 13**

Our Lady of Fatima

**Wednesday, May 14**

St. Matthias, Apostle

**Thursday, May 15**

St. Isidore, Farmer

**Friday, May 16**

St. Margaret of Cortona, Penitent

**Saturday, May 17**

St. Paschal Baylon, Friar

### SUNDAY and WEEKDAY COLLECTION

*Many thanks to those of you who have contributed to St. Peter's collection this past week. Your gifts are essential to our ministry, and we are grateful.*

**April 24 - 30 collection totals will be printed in next week's bulletin.**

*Some who visit St. Peter's are confused about our funding and think we are a supported ministry of the Archdiocese. Not so! The costs related to the 41 Masses, the 57 hours of Confession, and counseling from 10:00 AM to 5:30 PM that we provide each week must be funded by those of you who grace our pews. The Friars are delighted to provide these and other services, but can only do so with your support—both prayerful and financial. Please be generous!*

### Automated Giving is Here . . . Have You Signed Up Yet?

- ▶ It benefits you and St. Peter's!
- ▶ Enrollment is friendly and trouble-free!
- ▶ Managing your account through ParishPay is easy!

It's easy to sign up. Please fill out the form in the pews, either drop it in the basket, mail it to Fr. Bill Spencer, leave it at the Front Office, or enroll at the programs website: [www.parishpay.com](http://www.parishpay.com)

### MEMORIAL CANDLES

You can arrange to have a year-long MEMORIAL VIGIL LIGHT lit for your special intention here at St. Peter's Church for a donation of **\$150**. Your gift to St. Peter's for the year-long Memorial Vigil Light helps to support our ministry and works. And on our part, you and your intentions are remembered daily in our prayers for our helpers and benefactors. Application Forms are available in the Front Office or call (312) 372-5111.

### Helping the Hungry through Chicago Shares!

#### Chicago Shares and How the Program Works:

1. Purchase \$5 books of 5 CHICAGO SHARES vouchers in the Front Office at St. Peter's.
2. Keep vouchers handy and give them to needy people who ask for money.
3. Vouchers are then redeemed for food and other basic necessities - but not for alcohol or tobacco products - at participating merchants.
4. CHICAGO SHARES reimburses merchants for the full value of vouchers redeemed.

To find out more about this unique opportunity to help those in need visit: [www.chicagoshares.org](http://www.chicagoshares.org).

### Financial Planning Workshop with Mr. Peter Wells

**Thursday, May 15 from 5:30 - 7:00 pm in St. Clare Auditorium**

Mr. Peter Wells will discuss basic topics of financial planning in this **FREE** comprehensive workshop. Successful financial planning can beat inflation, minimize taxes, manage the unexpected, provide money for special expenses, provide for a stable retirement, and allow one to leave a legacy. Topics included in this workshop: Wills and Trusts, Catastrophic Care Planning, Pre/Post Retirement Planning, Innovative Estate Planning Strategies. All are welcome. No registration required.

Individual workshops during the noon-hour (12:10 - 12:50 pm)

**Thursday, June 5 - Wills and Trusts**

**Thursday, June 12 - Catastrophic Care Planning**

**Thursday, June 19 - Pre/Post Retirement Planning**

**Thursday, June 26 - Innovative Estate Planning Strategies**



## Pilgrimages with Friars

### Francis and Clare's Italy with Fr. Bob Pawell, ofm & Fr. Johnpaul Cafiero, ofm

A retreat pilgrimage in the holy places of Friar Francis of Assisi to celebrate the 800th Anniversary of the founding of the Franciscan Order in the land where it all began

**September 17 - 25, 2008**

\$3,250 per person double occupancy

\$3,450 per person single occupancy

**Round trip from Chicago, retreat materials, retreat-style accommodations, 11 meals, sightseeing & admissions, motor coach, gratuities to tour manager, guides & driver**  
Info/reservations Fr. Bob Pawell (312) 853-2355

### Holy Land Pilgrimage

led by Fr. Mario DiCicco, OFM,

A pilgrimage to the Holy Land, appropriately called the Fifth Gospel, to retrace the steps Jesus took in obedience to God's will and out of love for us.

**September 20 - October 1, 2008**

\$3,175 per person double occupancy

+ \$225 tips - \$400 single supplement

**Round trip from Chicago,**

**first class hotels, breakfast and dinner, sightseeing & admissions, motor coach, transfers and baggage handling at hotels**

Info/reservations: Fr. Mario DiCicco, OFM  
(510) 848-5232 or e-mail: MarioD@aol.com

### Holy Land, Jordan and Egypt with Fr. Bill Burton, OFM

Fr. Bill Burton, OFM, Biblicist, Preacher and Teacher will be leading four life changing pilgrimages to the Holy Land of Israel and Palestine and to Jordan and Egypt. Walk where Jesus and our ancestors in faith walked before us. Understanding the Bible is rooted in understanding the land, the culture, the history and religious convictions of the time. For pricing and more information on the pilgrimages, go to Fr. Bill's website: [www.biblicist.net](http://www.biblicist.net) or call the travel agents listed.

**Jordan & Egypt in the Bible: October 14 - 24, 2008** (Viking Travel 630-321-1664)

**Holy Land & Jordan: November 5 - 16, 2008** (TWT 847-432-2400)

**Holy Land: November 30 - December 10, 2008** (AMI 773-777-4900)

**Holy Land: February 15 - 24, 2009** (Viking Travel 630-321-1664)

### Seniors Sign Up for Your Free Keenager News!

Catholic Charities Keenager News is a free publication for seniors filled with information and stories of inspiration. Feature columns include: explanations of benefits for older persons, humor and nostalgia, health and safety tips, puzzles, recipes, and updates on senior resources. To receive your free Keenager News call (312) 655-7425 or visit [www.catholiccharities.net](http://www.catholiccharities.net)



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of  
St. Peter's Church

### **ST. PETER'S BOOK & GIFT SHOP**

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Unique Religious & Franciscan Items

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**Monday - Friday: 8:30am - 6:00pm**

**(312) 853-2341**

## St. Peter's Programs

**Programs take place from 12:10 - 12:50pm in St. Clare Auditorium (basement)  
Programs open to everyone. No registration required. Free-will offering.**

### ***The Belle of Amherst - A Film Presentation (in 2-parts)***

**Monday, May 12 & Tuesday, May 13**

Julie Harris stars in this 1976 film production of the Tony-Award winning play by William Luce, *The Belle of Amherst*. A one-woman dramatization of Emily Dickenson set against the backdrop of Dickenson's 19<sup>th</sup> century Amherst, Massachusetts home. This story offers unique insight into the life, loves, and inspirations of one of America's greatest literary figures.

### ***The Power of Forgiveness - A Film Presentation (in 2-parts)***

**Monday, May 19 & Tuesday, May 20**

The film examines the role forgiveness can play in alleviating anger and grief, as well as the physical, mental and spiritual benefits that come with forgiveness. It combines character-driven stories about the most dramatic transgressions imaginable with other stories that feel more familiar, more understandable to the viewer. The DVD is 78 minutes in length which we will view in its entirety over these two afternoons allowing time for discussion at each session.

### **Water - A Franciscan Look at It! with Fr. John L. Ostdiek, OFM**

**Thursday, May 22**

Every person, every living thing needs water. Without water we die. We transport goods on it. We grow crops with it. We use it as a chemical solvent. We generate electricity with it. We recreate in and on it. We breathe its vapor. Do we treasure it? Do we misuse it? Do we think of it as a gift from God? Retired biology professor and Franciscan Friar Fr. John Ostdiek invites us look at these questions and shares a Franciscan perspective on this life giving element.

### **Introduction to the Bible (Part II) with Fr. Bill Burton, OFM**

**Tuesday, May 27 - Friday, May 30**

**Tuesday, May 27** - Twenty-one of the New Testament's twenty-seven works are letters. Among the authors of these letters, Paul towers over all others for his influence and power. We will look at the works of this man who has been termed Christianity's "second founder." First we'll look at the man himself; trying to reconstruct the great influences upon him – his Hellenistic Judaism, his pharisaism and his call to be an apostle of the movement he once persecuted.

**Wednesday, May 28** – Our second session on Paul will look at the seven Pauline letters whose authorship no one disputes. From these we will try to glean an insight into the theology of Paul so we can better appreciate his genius and measure the tremendous influence this man has had on Christianity.

**Thursday, May 29** – The last two session of this series will concentrate on the four gospels. In this session we will look at the earliest formation of the gospels as they begin to emerge from the earliest oral traditions about Jesus. How did the movement progress from its early preaching about Jesus to written, canonical gospels?

**Friday, May 30** – This final meeting will focus on the texts of the four canonical gospels of Matthew, Mark, Luke and John. We will try to understand the distinct theological views which inform and guide each of the evangelists as they seek to communicate their understanding of our salvation in Christ.

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 May 11, 2008

Dear Friends in Christ,

On this Feast of Pentecost, we celebrate the love of God poured into our hearts by the Holy Spirit. We also celebrate Mother's Day and gratefully honor our mothers and all women who, in their magnanimous love, have shared the gift of life with their children.

There are many ministries in the Church and many gifts of the Spirit that manifest God's love. The gift of Catholic Charities of the Archdiocese of Chicago is to "hear the cry of the poor" and reach out to heal Christ's body through compassionate service to those in need.

From generation to generation, for more than 90 years, Catholic Charities has cared with the love of a mother for poor and vulnerable families, children, seniors and hungry and homeless people. Last year, Catholic Charities in Cook and Lake Counties touched the lives of 1.1 million people in need - of all generations, faiths, ethnic and racial backgrounds.

Over the past year, Catholic Charities nurtured 2,235 children in caring child development centers: provided nutritious food for tens of thousands of infants, children and pregnant mothers in low-income neighborhoods; provided maternity and adoption services; and counseled hundreds of pregnant and parenting teens.

How else is Catholic Charities caring for the vulnerable? Homeless families suffering from a lack of affordable housing, education or job skills are healed and strengthened by emergency services or comprehensive, long-term family self-sufficiency programs that assure a future of hope for thousands of mothers and children each year. The dignity and independence of elderly people are advanced at Catholic Charities; twenty affordable senior residences, at senior and adult day care centers, and through in-home care and meal services.

The mothers helped by Catholic Charities are young and old, married and single, healthy and in need of healing, and Catholic Charities cares for each one with respect and compassion. Trusting in the spirit of God who binds the Church together in the unity of charity, I ask you today to offer what you can to assist Catholic Charities in its mission of charity to the next generation of mothers and children.

May Mary, Mother of the Church, bless your generosity to this appeal. On this Mother's Day, you and those you love are in my prayers; please keep me in yours.

Please give generously  
to the  
Catholic Charities'  
Mother's Day Appeal

Sincerely yours in Christ,



Francis Cardinal George, O.M.I.  
Archbishop of Chicago

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Mark your calendar for **The Garden Way to God** with **Fr. Bob Pawell, OFM**. A week long series **Monday, June 16 through Friday, June 20 (12:10 - 12:50pm)** that invites participants to consider . . . . .

"The garden is a metaphor for life, and gardening is a symbol of the spiritual path." *Dr. Larry Dossey*





## Part II **Stress & Relationships**

Dr. Jerry Hiller & Marilyn Rochon, MA., LCPC

Wednesdays: April 30, May 14, 21, June 11, 25, July 9, 16

12:10 - 12:55pm/ St. Clare Auditorium

\$5 donation to St. Peter's

**It's all about relationships!** But how we handle the stress of **daily hassles** and **life transitions** can make these relationships, **better** or **worse**. Learn practical and common sense skills to lower stress and develop more **effective** and **satisfying** relationships.

**May 14 - How Depression Affects Relationships?** - How can we stop letting depression push us around?

**May 21 - Why Do We Push Love Away?** - What's the purpose? What can we do differently?

**June 4 - Increase Trust While Keeping Boundaries** - Learn to keep firm boundaries that allow more appropriate trust.

**June 11 - Caring for Family vs. Co-Dependency** - Handle the stress that makes this distinction more difficult.

**June 25 - "Mental Floss" For Rational Thinking** - Learn to correct errors in logical and common sense thinking.

**July 9 - Dealing with Hopelessness** - How can we not feel hopeless when involved in difficult relationships?

**July 16 - Resistance to Change** - What "payoffs" do we get when we don't change? Learn alternatives.

Previous talks in this series available on CD.

*April 30* - **Befriending Your Body**

*April 23* - **Survive Rage Attacks**

*April 9* - **I'm Afraid I'll "Tick 'em Off"**

**CD's of the winter series Stress & Relationships (Part I) and many other Repair My House programs are available for purchase by calling Marilyn at (312) 902-3553.**

**Repair My House** combines the life-giving ways of Francis of Assisi and the interpersonal tools of Dr. Alfred Adler to create "*mind, body, soul skills for the journey.*" The program offers practical and positive psychology for everyday problems. We look at the life-long patterns that interfere with coping, balancing and "bearing fruit" in our very stressful lives. Over 29,000 participants have attended these lunchtime programs now in their 18th year.

*"Francis, go and repair my house, for as you can see it is in ruins."*

*God's call to Francis in 1205*

**You are welcome to attend all sessions of Repair My House or only those which your schedule allows.  
No registration is required. Bring your lunch . . . and bring a friend!**